

Drug name: XXXXXX	Generic name: XXXXXX	Function/action: XXXXXX
Nutrients affected	Adverse reactions	Biochemical factors
Na ³⁰² B1 ^{870, 874}	Nausea ^{437, 438} Vomiting ^{437, 438} Constipation ^{437, 438} Diarrhoea ^{437, 438} ↑Weight ^{438, 428} ↓Weight ^{437, 438}	↓Appetite ^{437, 438} ↑Appetite ⁴³⁸ Dry mouth ^{437, 438} Sweating ^{437, 438} Tremor ^{437, 438}
		hypoglycaemia ⁴³⁷ hyperglycaemia ⁴³⁸ hyponatraemia ^{57, 302, 347, 348, 437, 438, 527} hypercholesterolaemia ⁴³⁸ hypouricaemia ⁴³⁸
Nutritional care		
<p>Pharmacokinetics</p> <ul style="list-style-type: none"> • Binding of drug to plasma proteins ~ 98% ^{437, 438}. • Associated with cytochrome P450 pathway ⁴³⁷, isozyme 2D6 ⁴³⁸. • May alter glycaemic control ⁴³⁷. <p>Drug Food Interactions</p> <ul style="list-style-type: none"> • Tryptophan contra-indicated ⁴³⁸. Tryptophan food sources include bananas, pineapples, walnuts, milk protein, eggs, white bread, beef, corn ⁴⁹⁹. • Interacts with grapefruit juice to increase drug availability ⁴⁰³. • Alcohol contra-indicated ⁴³⁸. <p>Drug Nutrient Interactions</p> <ul style="list-style-type: none"> • Concurrent administration with diuretic has a synergistic effect for hyponatraemia ³⁰². • Regular measurement of serum sodium levels recommended ³⁰². • THTR2 (Thiamine Transporter 2) and drug interactions:- • - THTR2 is a transporter that facilitates absorption of thiamine from the intestine into enterocytes ⁸⁷², excretion of thiamine from the kidneys ⁸⁷⁴, and facilitates thiamine absorption into retinal cells ⁸⁷²; 		

- - drug is an inhibitor (blocks transporter function) of THTR2 [870, 874](#);
- - therapeutic doses of drug are likely to inhibit thiamine absorption [870, 874](#), and renal reabsorption [874](#), and may contribute to thiamine deficiency [870, 874](#), especially in at risk populations [870](#); proposed mechanism - inhibition of intestinal THTR2 [870, 874](#);
- - drug inhibition of THTR2 is a proposed mechanism for drug-induced lactic acidosis [870](#).
- Drug is an inhibitor (blocks transporter function) [885](#) of OCT1. OCT1 functions as a major thiamine transporter [768, 890, 888, 881, 884, 883, 879](#) that can also transport choline [673, 881, 882, 884](#) and tyramine [881, 883](#), from the portal vein into liver hepatocytes [768, 673, 878, 881, 884, 886, 888](#).
- Drug is an OCT2 inhibitor [894](#) – proposed mechanism:- inhibition of tyrosine phosphorylation, likely via Src-family kinase Yes1 [900](#). OCT2 transports a number of endogenous substances, including choline [883, 884](#), histamine [883, 884](#), creatinine [883, 884](#), and primarily thiamine [875, 883](#); a significant function seems to be transfer of thiamine from the blood stream into the kidneys [875](#).
- Drug is a substrate (can be carried by the transporter) [874](#) of OCT3. OCT 3 is a polyspecific organic cation transporter [873](#) that transports several endogenous substances, including choline [884, 874](#), histamine [884, 874](#), creatinine [884, 874](#), carnitine [874](#) and thiamine [875, 883, 903](#); albeit thiamine transport is equivocal [901](#). OCT3 is predominant in skeletal muscle [883, 902](#), and strongly expressed in salivary gland [883, 902](#); dysfunction or inhibition of salivary glands can lead to dry mouth [902](#).

Non Oral Feeding

- Can be administered to the stomach before, during and after bolus, intermittent or continuous feeding [219](#).

Impaired Swallow

- Can be administered with nectar, honey or thickshake consistency fluids; and vitamised, minced or soft texture foods [219](#).